

# Older Adults...Baby Boomers...Caregivers Senior Service Providers...Area Businesses



*5th Annual*  
**Intergenerational Conference**

## **GROWING UP & GROWING OLD: RESILIENCY FOR LIFE**

Friday, October 27th, 2017 ~ 8:00 a.m. - 3:00 p.m.  
Via Health, Fitness & Enrichment Center (Mobile)



### **\*\*\* REGISTRATION FORM \*\*\***

For 4 years, the University of South Alabama Gulf Coast Behavioral Health and Resiliency Center, the University of West Florida, the USA Center for Generational Studies, and the Via Health, Fitness and Enrichment Center have partnered to bring the community an amazing learning experience.

Join us as hundreds of older adults from a 3-county area come together for a Keynote Session sure to provide inspiration and motivation and specialized break-out sessions on health and resiliency. Please feel free to invite your church group, civic club or other organizations.

This event is free and open to the public. Breakfast, lunch and snacks, door prizes and conference goody bags will be provided to all participants.

We hope you will consider participating!

**PLEASE SEE REVERSE SIDE FOR  
REGISTRATION FORM.**



Center for Generational Studies



HEALTH • FITNESS • ENRICHMENT



Gulf  
Region  
Health  
Outreach  
Program

GRHOP



UNIVERSITY OF SOUTH ALABAMA  
GULF COAST BEHAVIORAL  
HEALTH AND RESILIENCY CENTER



Mental and Behavioral Health Capacity Project

## GROWING UP & GROWING OLD: RESILIENCY FOR LIFE

October 27th, 2017 - Via Health, Fitness & Enrichment Center - 8:00 a.m. - 3:00 p.m.

### REGISTRATION FORM

**Registration required by Monday, October 23rd, to ensure conference goody bag.**

#### Conference Agenda Snapshot

8:00 a.m. - 9:00 a.m.	Breakfast/Visit Exhibitors
9:00 a.m. - 10:15 a.m.	General Session
10:15 a.m. - 11:15 a.m.	Break Out Sessions/Visit Exhibitors
11:15 a.m. - 12:15 p.m.	Lunch/Visit Exhibitors
12:15 p.m. - 2:30 p.m.	Break Out Sessions/Visit Exhibitors
2:30 p.m. - 3:00 p.m.	Wrap Up/Exhibitor Door Prizes
3:00 p.m.	Conference Ends

Break Out Topics: A Look in the Rearview Mirror, Technology, The Future of Aging, The Positive Effects of Pets/Caring for Pets, Intergenerational Cooking, Container Gardening, Gratefulness. *All Break Out Sessions are offered 3 times.*

#### TYPE OF REGISTRATION

Individual \_\_\_\_\_  
Part of a Group/Organization \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

E-mail: \_\_\_\_\_

Group/  
Organization \_\_\_\_\_

**\*\*\* SPONSORSHIP/EXHIBITOR OPPORTUNITIES AVAILABLE \*\*\***

#### INFORMATION/REGISTRATION FORM SUBMITTAL:

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