



6th Annual
Generational Resiliency Conference

THRIVE!



A COMMUNITY CENTER FOR OLDER ADULTS



Center for Generational Studies



Real Possibilities

Please Save Your Date...

Friday, October 26th, 2018

8:00 a.m.- 4:00 p.m.

Via Health, Fitness & Enrichment Center (Mobile, Alabama)

Thrive!

Join us as hundreds of older adults from the Gulf Coast come together for a Keynote Session sure to inspire and motivate & specialized break-out sessions on health and resiliency. Please feel free to invite your church group, civic club or other organizations.

This event is free and open to the public. Breakfast, lunch and snacks, door prizes and conference goody bags will be provided to all participants.

Information & Pre-registration (required): Barbara Estes,
251.470.5229 or bestes@viamobile.org



UNIVERSITY OF SOUTH ALABAMA
GULF COAST BEHAVIORAL
HEALTH AND RESILIENCY CENTER

